

Dated: 10th March  
2021

**Pt. Sant Ram Govt. College**  
Bainath, Distt. Kangra (H.P. -176125)



**NSS UNIT**  
**(NATIONAL SERVICE SCHEME)**



**NSS Annual Report 2020-2021**

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall object of National Service is Education. This objective is attained through the service to the community.

As a Programme Officer, I Dr. MEENAKSHI THAKUR thanks the Principal Dr. Mohinder Pal for his support and guidance to make our NSS activity a great success.

Institute has 50 volunteers for NSS unit in the current year. We started our enrolment procedure for the present academic year in the month of July, 2020 and more than 30 students has joined NSS, for the year 2020-21. The volunteers were informed about the NSS motto, symbol and its significance by the Programme Officer (NSS) of the College. During the academic year 2020-2021 NSS activities has been organized under two categories: -

- (A). Routine Activities
- (B). One Day Campaign

(A). Routine Activities

Under this NSS volunteers have performed the various activities which are as follows-

### April – May 2020

- Set up a group on WhatsApp to involve volunteers in Corona awareness campaign through social media.
- Many volunteers have made the face mask with the help of cotton clothes and used them to spread the information on the simple way to prevent COVID-19 infection at home and community.
- With the great efforts of our volunteers, more than 1000 masks were distributed among people.
- By adding NSS Programme officers of various colleges, a WhatsApp Group was formed by District NSS Program officer. A Zoom meeting was held in which we are assigned to make donations to help needy people during this corona epidemic under the theme "Each one, 100 one".
- Students as well as teachers actively participated in fund collection. A huge amount of fund was collected and deposited.

### ➤ May - June 2020

- Masks making and distribution continued.
- Volunteers are advised to install Arogya Setu and I GOT application and register themselves. And encourage people to download these applications as well by suggesting their advantages.
- More than 40 students downloaded the Arogya Setu App.
- And nearly 25 students had their registration in IGOT App.
- Arogya Setu App, essentially a contact-tracing app developed by the Government of India to minimize the spread of COVID-19, is being used in India to identify if someone has symptoms of COVID-19, their location, and contact tracing.

- I GOT app is a free educational platform that offers engaging learning material to both students and teachers.

➤ June – July 2020

- A poster making competition was organized by the volunteers of NSS based on theme "CORONA". It gave a good awareness for all on the different ill effects caused by corona.
- Also awareness was spread via paintings based on Go Corona theme.
- During the COVID-19 situation, National Service Scheme (NSS) of P.S.R.G.D. College had spread the awareness program of social distance, sanitation, and use of masks, etc. through the medium of Social Media like WhatsApp, Facebook etc.
- Masks making, distribution and also motivating people to do so.

➤ August – September 2020

- It was a proud moment for our college that our six volunteers were involved in Social work through SDM office as they worked as Corona warriors during this epidemic when corona was at its high peak.
- They served their duties at ration depot in distribution of ration at the village level and creating awareness in this regard.
- They educated the people that how COVID -19 spread and how we can control its spread by wearing masks, maintaining social distance.
- Masks making and distribution.

➤ September- October 2020

- DAPO Kangra organized a Distt. Level Quiz Competition dated on 8<sup>th</sup> Oct. 2020 through online Google meet link.
- All the questions were related to AIDS, COVID & Hygiene.

- From our college five volunteers participated in that quiz competition.
- And it was great pleasure for us that our two volunteers namely Chetna & Mridul of B.Sc. Final Year took the second place in the contest.
- They were awarded with cash prize.
- Masks making in abundance and sending videos on social media to prepare the masks.

#### ➤ November – December 2020

- During this COVID-19 situation, NSS in collaboration with Ministry of Health and Family Welfare, National Virtual Event was celebrated on AIDS day Dated 1<sup>st</sup> December.
- Dr. Harsh Vardhan, Hon'ble Union Health Minister was the Chief Guest of the event.
- The main focus of this event was to managing chronic disease: AIDS.
- Session was organized on webex meet platform; huge participation attended the session.
- Masks Distribution.

#### ➤ January – February 2021

- Himachal Pradesh State AIDS Control society organized a short film competition on HIV/AIDS.
- The submission period was from 1<sup>st</sup> January to 31<sup>st</sup> January 2021 and should be submitted through mail to complete the process of participation.
- From our college NSS volunteers collectively participated and made a short film and submitted that well in time.
- A virtual youth convention was hosted by: H.P. State AIDS Control society, Unit Kangra (DAPO Kangra) and Gunjan organization for Community Development, Dharamshala.
- More than 20 NSS volunteers participated in the campaign.

- The theme of this National Youth Day Campaign was “Social change in last 50 years and challenges ahead – Responsible choices for bright future”.

➤ February – March 2021

- P.S.R College organized a one-day seminar, NSS in collaboration with Social Activist ARUNA CHANDEL & her team members Aruna and Swarna on “Women Hygiene” dated on 13<sup>th</sup> February 2021.
- The seminar focused on Personal hygiene & cleanliness of women.
- Seminar was very useful to each and every one.
- By the end of this session more than 3000 masks have been distributed.

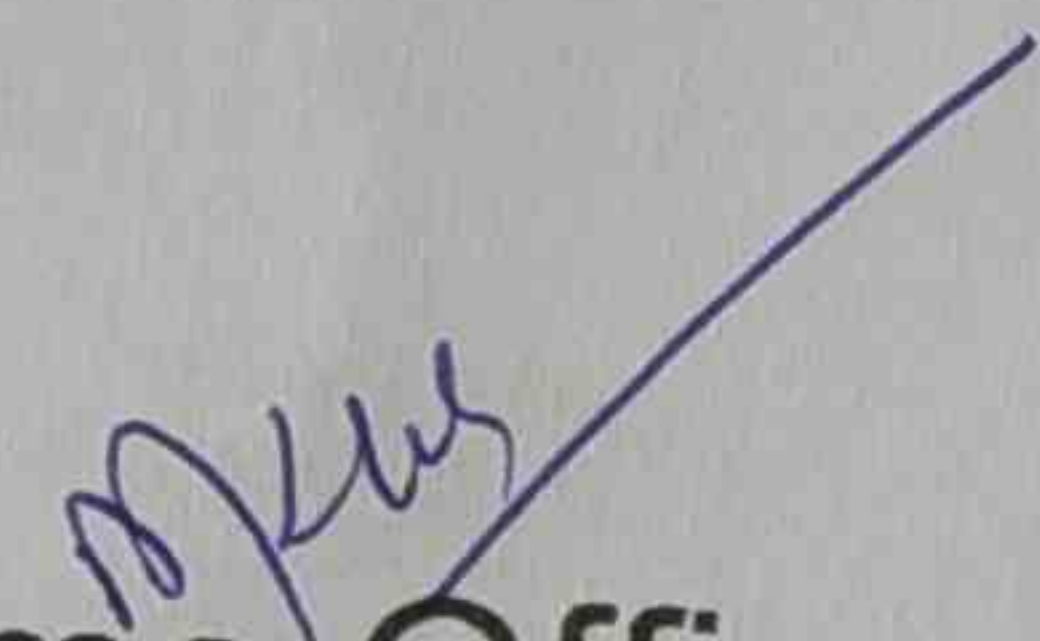
(B). (i). One Day Campaign-:

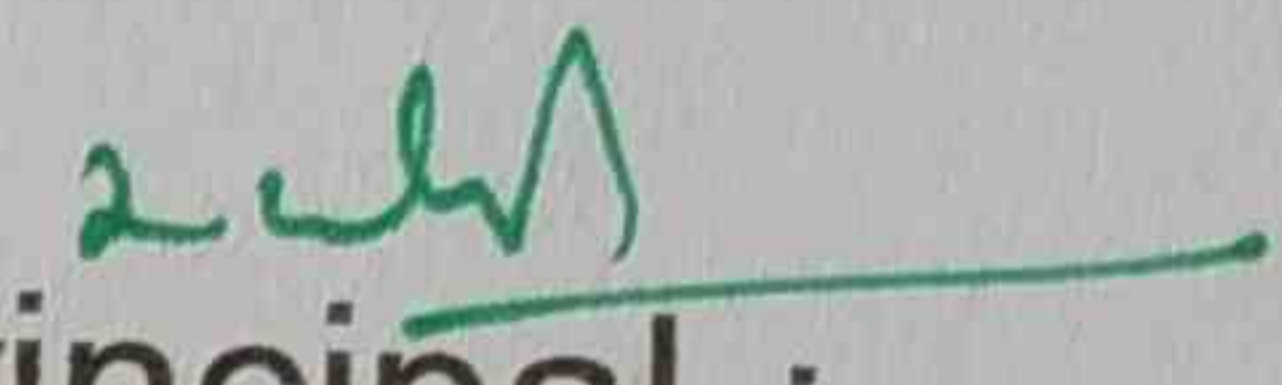
- A Poster making competition was organized on the topic AIDS & CORONA.
- Prizes were given for winners.

(ii). One Day Special Camp-:

- International Women Day was celebrated on 8<sup>th</sup> March 2021 based on theme “Choose to Challenge” & to acknowledge the economic, political, social and culture achievements of women from all walks of life.
- In collaboration with NSS, faculties from other department took a session on Importance of WOMEN DAY Celebration for NSS volunteers.
- The Chief Guest of the programme was “DR. Mohinder Pal – our hon’ble Principal” followed by various resource persons namely-
  - i). Aruna Vyas expert in folk singing.

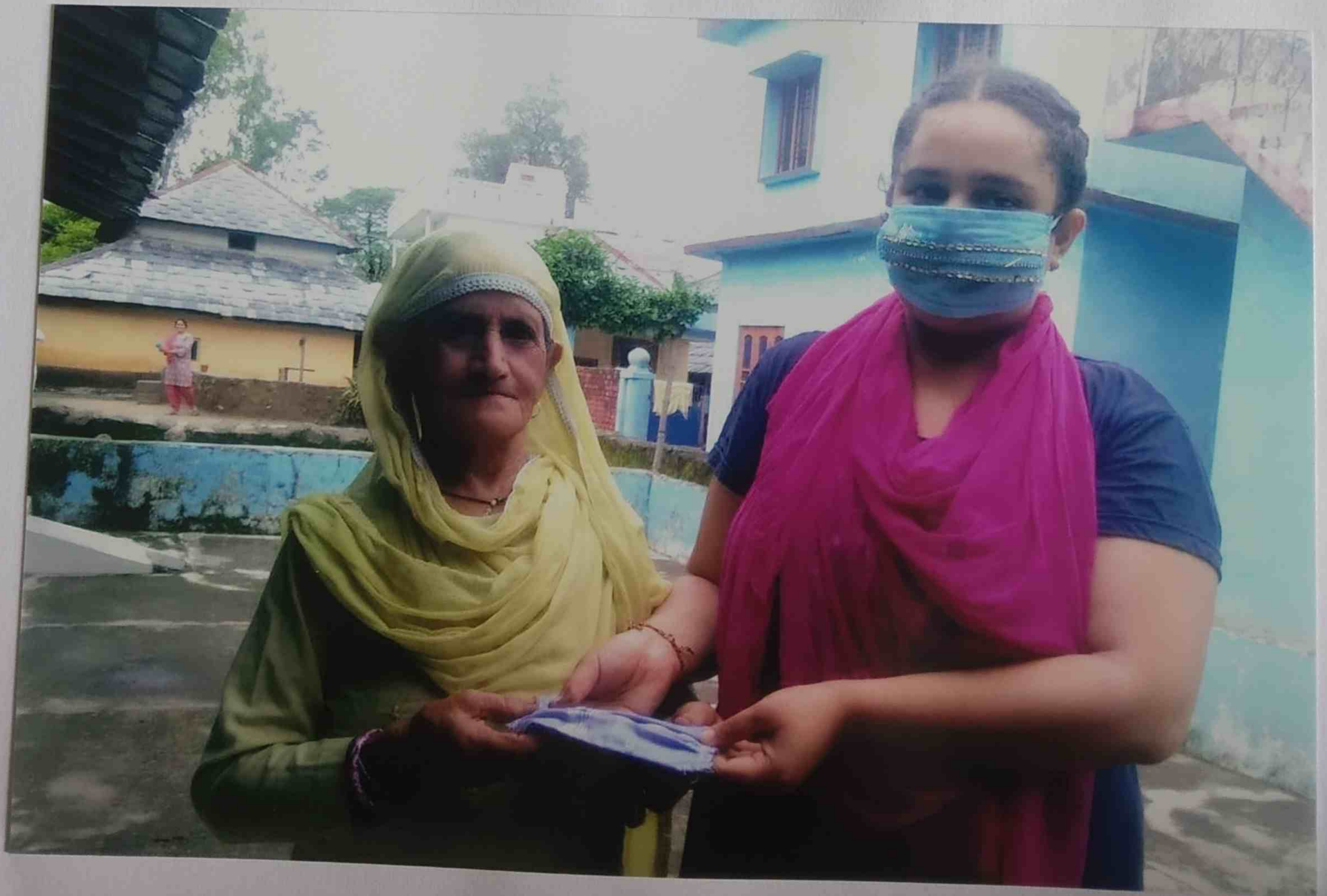
- ii). Suresh Lata Awasthi (retired from K.V. after 32 years of services)
- iii). Anita Bhardwaj 38 years' service lect. in Hindi.
- iv). Neelam Katoch (GSSS Sakri) 21 years of service master trainer NSS.
- A series of lecture were arranged for the NSS volunteers.
  - Students and Faculty participated enthusiastically during the activity.
  - The poster making, slogan writing, declamation competition was arranged. The topic was –“Women Empowerment”.
  - NSS volunteers were felicitated and prizes were given for winners of above competition.

  
Programme Officer-:  
Meenakshi Thakur  
NSS PSR Govt. College  
Baijnath (Kangra)

  
Principal-:  
P.S.R Govt. College  
Baijnath (Kangra)



कोरोना महामारी से बचाव के लिए N.S.S स्वयंसेवियों ने  
मास्क बनाए ।



N.S.S स्वयंसेवी मास्क वितरित करते हुए ।



N.S.S स्वयंसेवियों ने लोगों को मास्क बनाने व बाँटने के लिए प्रोत्साहित किया।



स्वयंसेवी लोगों को मास्क बाँटने पर।



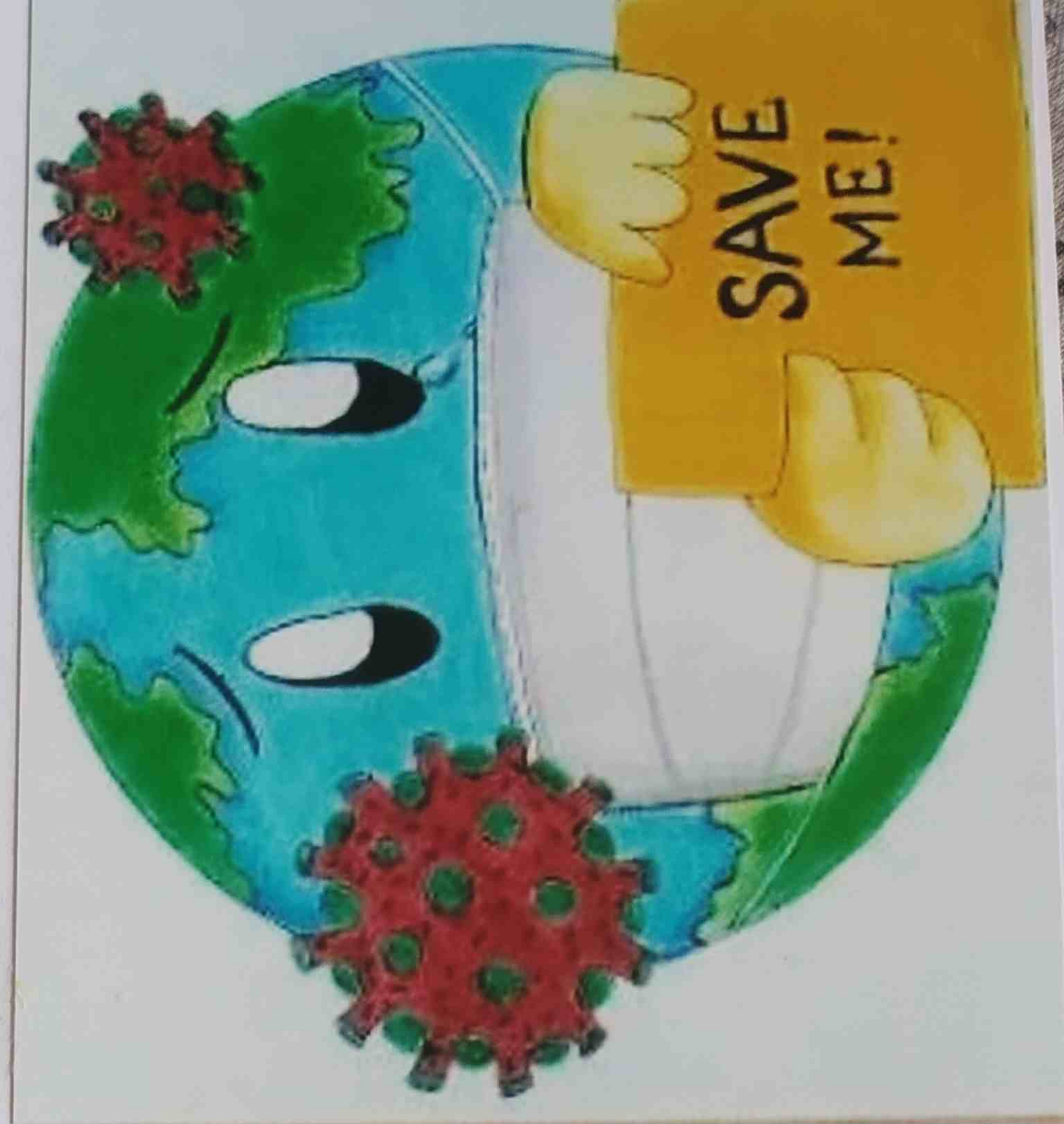
**DAILY ACTIVITIES REPORT DURING IN THE COVID-19 BY NSS VOLUNTEERS OF PSRGDC BALNATH DISTRICT KANGRA (HP)**

No of Volunteers involved in social work through SDM office	No of volunteers making masks at home	Number of masks made and distributed	Awareness by social media	Downloaded Aarogya Setu App	I GOT App Registration	No of volunteers making poster n doing awareness
06	25	409	30	35	20	24

कोरोना महामारी के दौरान N.S.S स्वयंसेवियों की दैनिक गतिविधियाँ ।

**DAILY ACTIVITIES REPORT DURING IN THE COVID-19 BY NSS VOLUNTEERS OF PSRGDC BALNATH DISTRICT KANGRA (HP)**

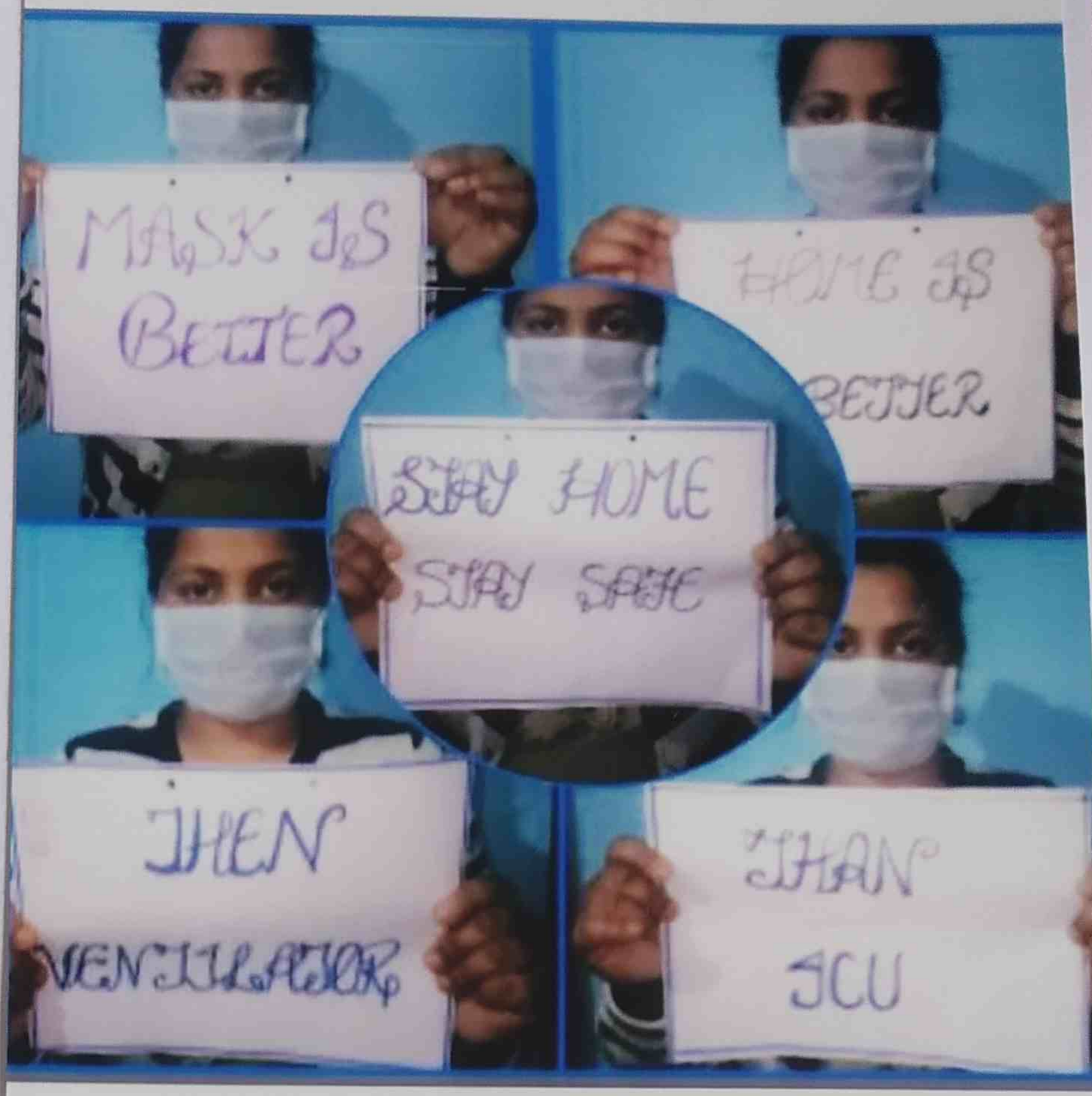
No of Volunteers involved in social work through SDM office	No of volunteers making masks at home	Number of masks made and distributed	Awareness by social media	Downloaded Aarogya Setu App	I GOT App Registration
03	20	247	28	35	20



कोरोना महामारी के दौरान N.S.S स्वयंसेवियों ने पोस्टर मेकिंग द्वारा लोगों को जागरूक किया।



# R. College Baijnath



पोस्टर मेकिंग द्वारा जागरूकता प्रदान करते N.S.S स्वयंसेवी ।



बैजनाथ पपरोला के बाजारों में एन एस एस के स्वयं सेवी  
 देंगे कल से अपनी सेवाएं ।



कोरोना महामारी के दौरान बैजनाथ कॉलेज के N.S.S स्वयंसेवियों ने  
 अपनी महत्वपूर्ण सेवाएं दी, जोकि एक गर्व का विषय है।

**ESSENTIAL SERVICES CURFEW PASS COVID-19**

No: 22/4/2020 Dated: 03/05/2020

From: Baignath To: PAPROLA

1. Name	ANVITA ANKUR & SUBHASH (M.A)
2. Address	V.P.O. Baignath Teh Baignath
3. Person Allowed	1
4. Aadhar No.	
5. Vehicle no.	
6. Purpose	Essential service
7. Route	Baignath - PAPROLA

Signature of Pass Holder: *[Signature]*

Sub-Divisional Magistrate  
 Baignath, Distt. Kangra (H.P.)  
 Tel. No. 01902-241531 / al-kan-hp@nic.in  
 94180-07718

NOTE: - This Pass is Valid for --- day and with a Valid Aadhaar / Govt. Issued Photo Identity Card.

N.S.S volunteers during curfew relaxation period.

**ESSENTIAL SERVICES CURFEW PASS COVID-19**

No: 22/4/2020 Dated: 03/05/2020

From: PAPROLA To: Baignath

1. Name	RITESH ANAND
2. Address	V.P.O. PHATHAR Teh Baignath
3. Person Allowed	1
4. Aadhar No.	582517956385
5. Vehicle no.	JHP 53 4707
6. Purpose	ESSENTIAL SERVICE
7. Route	PHATHAR - PAPROLA

Signature of Pass Holder: *[Signature]*

Sub-Divisional Magistrate  
 Baignath, Distt. Kangra (H.P.)  
 Tel. No. 01902-241531 / al-kan-hp@nic.in  
 94180-07718

NOTE: - This Pass is Valid for --- day and with a Valid Aadhaar / Govt. Issued Photo Identity Card.

N.S.S volunteers during curfew relaxation period.

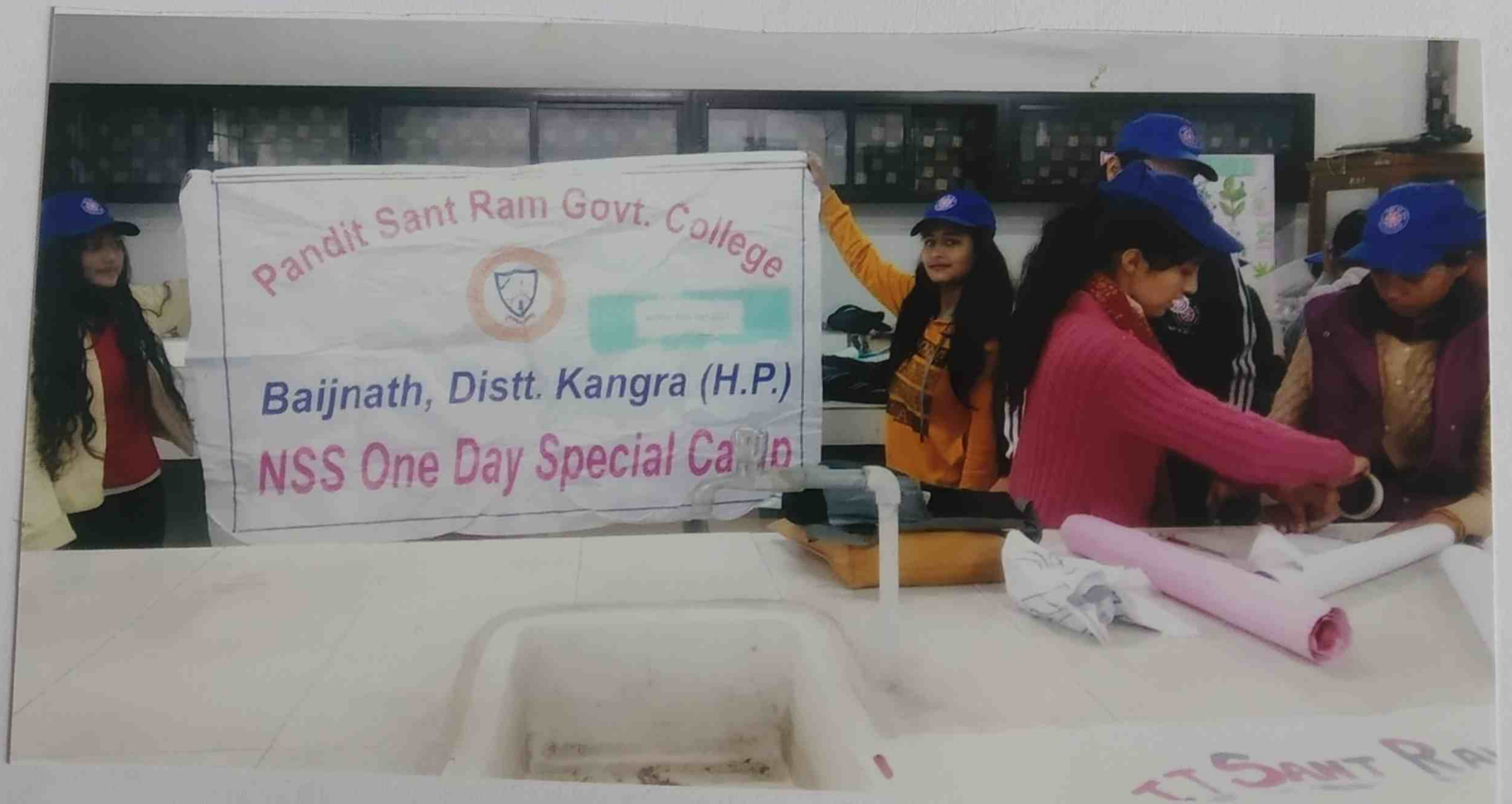


समाज सेविकाओं द्वारा किशोरियों को व्यक्तिगत स्वच्छता के लिए जागरूक किया गया।





N.S.S स्वयंसेवियों द्वारा AIDS दिवस पर एक दिवसीय कैंप आयोजित किया गया।



# माकग प्रतियोगिता में शुभम प्रथम

पपरोला, 24 फरवरी (स.ह.): पंडित संतराम महाविद्यालय कॉलेज बैजनाथ में राष्ट्रीय सेवा योजना इकाई एवं रैड रिबन क्लब के सौजन्य से पोस्टर मेकिंग प्रतियोगिता का आयोजन किया गया।



प्रतियोगिता प्रभारी डाक्टर मीनाक्षी ठाकुर ने बताया कि बच्चों ने 2 विषयों को कोविड-19 वायरस एवं एड्स पर पोस्टर बनाकर अपना रचनात्मक प्रदर्शन किया। कार्यक्रम में प्रधानाचार्य डा. महेंद्र पाल ने मुख्यातिथि के रूप में बच्चों का मार्गदर्शन किया। प्रतियोगिता में शुभम बक्शी पहले,

पपरोला: पोस्टर मेकिंग प्रतियोगिता में अव्वल रहे विद्यार्थियों के साथ कॉलेज स्टाफ। (स.ह.)

मृदुल आर्य दूसरे व कृतिका राणा तीसरे स्थान पर रहे। विजेताओं को मुख्यातिथि ने पुरस्कार देकर सम्मानित किया। कार्यक्रम में श्यामा प्रसाद, विजय शर्मा व मिलाप चंद मौजूद रहे।

कोरोना व AIDS के विषय पर छात्रों द्वारा पोस्टर मेकिंग किया गया।



जिसमें सभी छात्रों ने अपना भरपूर सहयोग दिया।





अंतर्राष्ट्रीय महिला दिवस के उपलक्ष्य पर प्रधानाचार्य द्वारा दीय प्रज्वलन ।



"N.S.D. Program Officer" के द्वारा Resource Person को सम्मान दिया गया।